

CENTRAL ILLINOIS PARKINSON SUPPORT GROUP

Blessed are those who can laugh at themselves....

Web site: www.heartstohands.org

They shall never cease to be entertained

DATE: March 6, 2021

TIME: 1:30PM

Program: Matt Fowler, from ABBOTT will speak on Nutrition with a little bit of DBS

Where: On Zoom please us this link,

<https://us02web.zoom.us/j/88686498121?pwd=OjRPanhScHRIY3NoNEtpUkdGRmZUZz09>

Last Month Tammy Lott gave us a great program on avoiding depression. I hope everyone was able to learn something that they can use now or later in their daily lives.



Here is a Great way to help the Support Group, please share this information with your Family and friends. This link will take you directly to smile.amazon.com in support of Central Illinois Parkinson's Support Group you won't have to search for us. Use this link every time you shop Amazon. <https://smile.amazon.com/ch/83-2656727>

Please update your information on the website.

Central Illinois Parkinson's Support Group Membership.

We have made the decision to suspend dues for the coming year of 2021..

We would like everyone to update their information so that we can maintain accurate membership information that will allow us to keep you updated on all the Support Group happenings.

Pease visit <http://www.heartstohands.org/support.html>

and use the Membership Information form on the page to update your information. This information will be sent to the Support Group only and we do not sell or give out Our Members information. If you prefer you can Send this information to, Central Illinois Parkinson's Support Group 1744 Kingsbury Rd. Washington IL. 61571

Join Us
Saturday April 3rd 12:00PM
For The
Central Illinois Parkinson's Support Group
Educational Symposium

This is a multi-Speaker Event on Zoom
Dr. Kavya Moravineni, INI Movement Disorder
Clinic

Lauren Schuler, Occupational Therapy St.
Ambrose University's

Brittany Heidemann, MS CCC-SLP

OSF HealthCare Rehabilitation

More information Coming soon please visit
www.heartstohands.org

Join Zoom Meeting

<https://us02web.zoom.us/j/81916114739?pwd=S2hmV0Q4c0RIQmd3OWxZaHd6VFcrQT09>

Meet the New Movement Disorder Specialist at Illinois Neurological Institute



Kavya Moravineni, MD, pursued a career in medicine to bring together two things she enjoyed – studying biological science and helping others.

"Medicine wonderfully brings together science and ability to help people in meaningful ways, which aligns with what I wanted to do in life generally," she said.

As a neurologist, Dr. Moravineni specializes in treating patients with movement disorders.

Her Educational background includes.

Medical Education, 2009 Kakatiya Medical College,

N.T.R. University of Health Sciences Andhra Pradesh, India.

Residency, Neurology, 2019 University of Illinois at Peoria.

Fellowship, Parkinson's Disease & Movement Disorders, 2020

Duke University School of Medicine

Looking forward in 2021, I have a tentative plan to start holding in person meeting starting with the May 1, 2021 Meeting. Let us hope that this will work out for us.

So, please get you updated information to us as soon as possible. It is extremely easy to fill out the information on the website, I do not want anyone to miss out on Our up coming Events and Plans.

The Central Illinois Parkinson's Support Group will be at Northwoods Mall Community Day's on February 27, 2021 from 11:00 – 2:00PM. Feel free to stop by and say Hello.

Northwoods Mall will be hosting a FREE COMMUNITY DAYS EVENT on Saturday, February 27 from 11:00am-2:00pm. This is a great opportunity to engage with our shoppers and show them what your organization is doing in the Peoria area.

For more information on this Newsletter or the Parkinson's Support Group Please feel free to contact Barb or Roger Halleen 309 219-1210 or

roger@cipdsupportgroup.org

"Living an Active Life with Parkinson's Disease" conference.

Below is a link to this year's virtual conference website. This website will be available until September 2021. You can visit the site any day at any time and as often as you would like.

Presenters this year include:

Dr. Ray Dorsey

Dr. Neal Hermanowicz

Dr. Tinatin Chabrashvili

Chaya Charles, RD and

Jill Weldum, LMFT.

Here is the link I have watched some of this program and it's exceptionally Good.

[Living an Active Life with Parkinson's Disease Conference](http://parkinsoncny.org) (parkinsoncny.org)



MJFF Third Thursday Webinar.
How to Plan for 2021 Estate and
Income Tax Changes

Date: Wednesday, March 10, 2021

Time: 11:00 pm CT

Register Here, <https://www.michaeljfox.org/webinar/how-plan-2021-estate-and-income-tax-changes>

VIRTUAL RESEARCH ROUNDTABLE

apda

Brian Daniels, PhD | Vikram Khurana, MD, PhD | Karen Nuytemans, PhD | Bonnie Wong, PhD

February 24, 2021 at 12:00pm ET | www.apdaparkinson.org/roundtable

VIRTUAL RESEARCH ROUNDTABLE
February 24, 2021 at 11pm CT

Join us for an exciting opportunity to meet the researchers who are on the front lines of Parkinson's disease (PD) research! Hear about their important work and ask them questions live during the program.

Register here <https://www.apdaparkinson.org/events/roundtable/>